

## WHAT YOU CAN DO FOR RESILIENCE

### Conserve water every day. Examples:

- Turn off water while brushing your teeth.
- Take shorter showers; use the runoff water from laundry or sinks (grey water) for your garden.
- Shut off your sprinkler system when it's raining or xeriscape so you don't need sprinklers.
- Turn off water when shampooing your hair.

### Leave No Trace Seven Principles ©

1. Plan ahead and prepare.
2. Travel and camp on durable surfaces.
3. Dispose of waste properly.
4. Leave what you find.
5. Minimize campfire impacts (be careful with fire).
6. Respect wildlife.
7. Be considerate of other visitors.



AZ Audubon River Pathways & Black Canyon Heritage Park Field Trip



### Volunteer to help our environment.

#### Example local organizations:

- Black Canyon Heritage Park
- Friends of Agua Fria National Monument
- Friends of Tonto National Forest
- Sierra Club – Grand Canyon Chapter
- Arizona Audubon



### Expand outdoor interest and opportunities:

- Build awareness; bring others to riparian areas with you.
- Support environmental education.
- Donate to environment organizations.

### Let elected and community officials know that this is important.

- Know who your officials are. Here's some key links:
  - Federal - <https://www.usa.gov/elected-officials>
  - State - <https://www.azleg.gov/findmylegislator/>
  - Yavapai County - <https://www.yavgop.org/county-official-directory.html>
- Attend meetings to voice your questions, concerns, and interests.
- Write letters to the officials and to publications.
- Vote.

You do not have to be an expert; you need to care.



How do you help the riparian areas be resilient?  
Do you know of any volunteer projects?